

## Hemsedal Up N´ Down 2023

Hemsedal

Hemsedal Turistkontor

OFFICIAL RESULTS 11.03.2023

## Lag Mix

Rank	Lag	Tid	Diff
<b>1</b>	<b>Baktroppen race</b>	<b>7:07.00</b>	<b>0:00.00</b>
	Emilie Kaasa	7:22.5	
	Sebastian Sandal	6:51.5	
<b>2</b>	<b>Danskene</b>	<b>7:16.20</b>	<b>0:09.20</b>
	Andreas Roer Madsen	7:19.2	
	William Roer Madsen	7:16.0	
	Kristiane Roer Madsen	7:13.6	
<b>3</b>	<b>Team Høyspent</b>	<b>7:16.90</b>	<b>0:09.90</b>
	Nora Christensen	7:34.4	
	Per Kristian Østbråthen	6:59.5	
<b>4</b>	<b>Team Lavspent // Fehrminator</b>	<b>7:38.50</b>	<b>0:31.50</b>
	Susanne Beijer	7:43.4	
	Morten Pedersen	7:33.7	
<b>5</b>	<b>Team Hemsebu</b>	<b>7:40.10</b>	<b>0:33.10</b>
	Maya Jones Arnesen	7:48.6	
	Lukas Jones Arnesen	7:47.3	
	Kimme Arnesen	7:24.6	
<b>6</b>	<b>Gjør så godt vi kan:)</b>	<b>7:46.70</b>	<b>0:39.70</b>
	Trude Bruun Homstvedt	8:02.7	
	Petter Homstvedt	7:39.1	
	Stig Elsfjordstrand	7:38.5	
<b>7</b>	<b>Team Sceneskrek</b>	<b>8:01.70</b>	<b>0:54.70</b>
	Angelika Haakonsen	8:52.5	
	Dag Olav Myklebust	7:47.5	
	Ole Christian Nymoen	7:25.2	
<b>8</b>	<b>Swix</b>	<b>8:02.60</b>	<b>0:55.60</b>
	Henrich Neumann	7:44.5	
	Vivil Neumann	8:20.8	
<b>9</b>	<b>Kobberhaug</b>	<b>8:04.90</b>	<b>0:57.90</b>
	Siri Haug	8:36.3	
	Hans Martin Haug	7:56.8	
	Herman Haug	7:41.6	

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<b>10</b>	<b>AsianFusion</b>	<b>8:17.90</b>	<b>1:10.90</b>
	Anniken Falmark Kaasa	8:37.5	
	Cato Kaasa	7:58.3	
<b>11</b>	<b>Apres skiiers</b>	<b>8:25.60</b>	<b>1:18.60</b>
	Emilie Berg	8:53.3	
	Martine Berg	8:16.5	
	Pål Grøndahl	8:07.1	
<b>12</b>	<b>Apan och raketen</b>	<b>8:30.40</b>	<b>1:23.40</b>
	Sofia Johansson	9:05.9	
	Axel Folkesson	7:55.0	
<b>12</b>	<b>Fasttrack</b>	<b>8:30.40</b>	<b>1:23.40</b>
	Karoline Gisholt	8:37.5	
	Dag Skarsgård	8:34.7	
	Ove Fredheim	8:19.1	
<b>14</b>	<b>Team MC</b>	<b>8:30.50</b>	<b>1:23.50</b>
	Christel Alsaker Nøstdahl	8:38.9	
	Mats Dovran Johansen	8:22.2	
<b>15</b>	<b>Trippel C</b>	<b>8:30.90</b>	<b>1:23.90</b>
	Mads Lønnkvist	9:17.0	
	Cecilie Johnsen	8:11.8	
	Christer Carr	8:04.0	
<b>16</b>	<b>Skitoppen IL</b>	<b>8:35.40</b>	<b>1:28.40</b>
	Tove Koren Larsen	8:56.5	
	Haavard Aass	8:14.3	
<b>17</b>	<b>Føgo 2.0</b>	<b>8:42.10</b>	<b>1:35.10</b>
	Kristina Magnusson	9:21.8	
	Jostein Hornet	8:34.6	
	Ole Martin Flaget	8:10.1	
<b>18</b>	<b>Solsiden Fast or Furious 2</b>	<b>8:47.10</b>	<b>1:40.10</b>
	Emilie Kristiansen	8:58.2	
	Sindre Bolstad	8:36.0	

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Rank	Lag	Tid	Diff
<b>19</b>	<b>Campingkontoret</b>	<b>8:56.10</b>	<b>1:49.10</b>
	Elisabeth Hauglum	9:23.6	
	Ken-Håkon Fjellhaug	8:28.7	
<b>20</b>	<b>Team Sonnenalm</b>	<b>9:01.80</b>	<b>1:54.80</b>
	Katharina Opsahl	10:14.4	
	Børre Opsahl	8:42.0	
	Karl-Fredrik Opsahl	8:09.2	
<b>21</b>	<b>Sommerfryd</b>	<b>9:02.40</b>	<b>1:55.40</b>
	Sofia Knudsen	9:49.2	
	Ole Petter Nilsen	9:15.0	
	Ingrid B. Mjøs	8:03.1	
<b>22</b>	<b>Tiger's</b>	<b>9:12.60</b>	<b>2:05.60</b>
	Synnøve Wille Våge	9:27.0	
	Siri Syversen	9:09.5	
	Kjetil Onstad	9:01.5	
<b>23</b>	<b>Safebet</b>	<b>9:13.00</b>	<b>2:06.00</b>
	Ole Martin Nodenes	10:37.6	
	Torkil Rosenlund	8:55.0	
	Nina Næss	8:06.5	
<b>24</b>	<b>Double Trouble</b>	<b>9:14.70</b>	<b>2:07.70</b>
	Nikolai Låstad	9:22.0	
	Aurora Helland Nordmo	9:07.5	
<b>25</b>	<b>Team Ø'n</b>	<b>9:20.00</b>	<b>2:13.00</b>
	Benedicte Teigen Gude	9:42.2	
	Gaute Gude Teigen	8:57.9	
<b>26</b>	<b>Team Tørkeloftet</b>	<b>9:28.10</b>	<b>2:21.10</b>
	Ada Sofie Jacobsen	10:26.5	
	Thor Eivind Jacobsen	9:19.3	
	Viljar Sebastian Simonsen	8:38.6	
<b>27</b>	<b>Løype løype!</b>	<b>9:34.30</b>	<b>2:27.30</b>
	Chilina Sørensen	11:23.6	
	Espen Krog Lie	8:58.3	
	Tor Svare	8:21.2	

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Rank	Lag	Tid	Diff
<b>28</b>	<b>Maximum Velocity</b>	<b>9:50.00</b>	<b>2:43.00</b>
	Morten Ellingsen	10:23.8	
	Ida Solbakken	10:13.4	
	Hakon Refsum	9:26.6	
<b>29</b>	<b>fegthqvale</b>	<b>9:53.50</b>	<b>2:46.50</b>
	Anniken Fegth	10:20.9	
	Morten Qvale	9:26.1	
<b>30</b>	<b>Barolo Bitches</b>	<b>10:00.90</b>	<b>2:53.90</b>
	Stine Svarverud	10:46.7	
	Jonas Gunnheim	9:15.2	
<b>31</b>	<b>Slow &amp; furious</b>	<b>10:28.20</b>	<b>3:21.20</b>
	Alice Pålsson	10:51.8	
	Josefin Zakrisson	10:50.8	
	Linus Wendelsson	9:42.1	
<b>32</b>	<b>Olaf back to the Kingdom</b>	<b>10:35.70</b>	<b>3:28.70</b>
	Ketil Lund	10:40.7	
	Mari Elise Tafjord	10:30.8	
<b>33</b>	<b>Team BMW</b>	<b>10:45.00</b>	<b>3:38.00</b>
	Cecilie Drange Ringøen	11:17.7	
	Nicolai Vikeså	10:12.3	

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